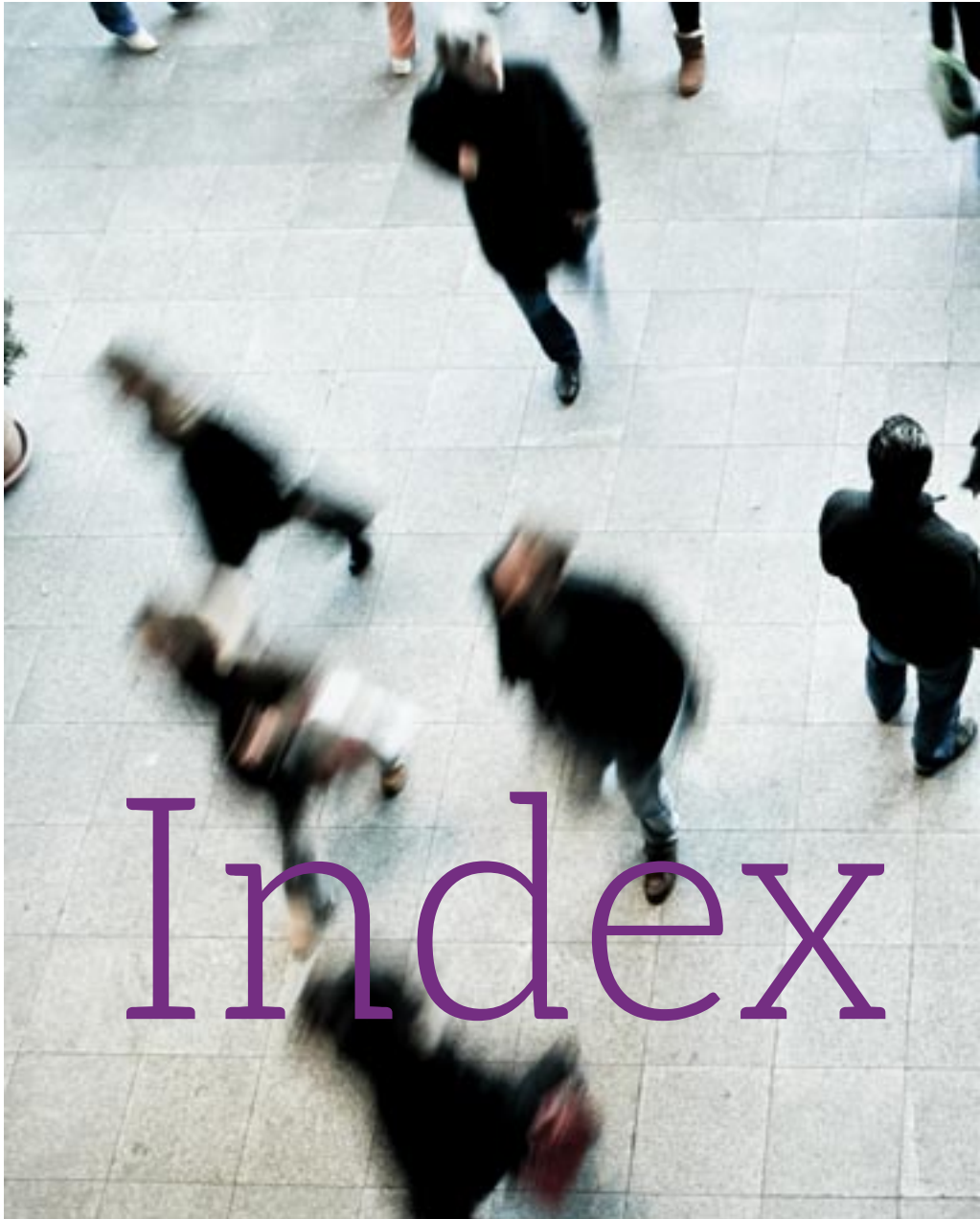


Programmes & Service Guide

For Sentencers

Contract Year 5, Quarter 3 (October - December 2018)



ACCREDITED PROGRAMMES	SESSIONS	PAGE
Building Better Relationships	29	8
Drink Impaired Drivers	16	9
RESOLVE	27	10
Thinking Skills Programme	15 Group & 4 Individual	11
OTHER REQUIREMENTS		
Alcohol Treatment	UP TO 3 YEARS	12
Attendance Centre	UP TO 36 HOURS	13
Drug Rehabilitation	UP TO 3 YEARS	14
Unpaid Work	UP TO 300 HOURS	15
REHABILITATION REQUIREMENT ACTIVITY		
Care Farm	UP TO 25	18
Domestic Abuse Workbook	UP TO 36	19
Enhanced Support	UP TO 15	20
Women's Residential	50	21
Women's Specified Activity	UP TO 10	22
Workbook	UP TO 10	23

About Us

The Warwickshire and West Mercia Community Rehabilitation Company (WWM CRC) is one of the 21 Community Rehabilitation Companies in England and Wales set up to deliver probation services. We cover the counties of Herefordshire, Shropshire, Warwickshire and Worcestershire. We have offices in Hereford, Leamington, Nuneaton, Redditch, Telford and Worcester. We also co-locate with other criminal justice agencies in Kidderminster, Rugby, and Shrewsbury.

Our purpose is to protect the public by delivering effective offender management and rehabilitation services to those who pose a low or medium risk of harm.

Our vision is for the communities that we serve to feel and be safer through our work. As well as supervising individuals in custody and in the community, we also provide a suite of interventions to CRC and NPS service users to help them stop offending, settle back into the community and improve their future prospects.

About This Guide

This guide contains information on the following non-custodial sentencing options (interventions) we offer to the courts in Warwickshire & West Mercia:

- **Accredited Programmes***

- Building Better Relationships
- Drink Impaired Drivers
- RESOLVE
- Thinking Skills

- **Other Requirement**

- Attendance Centre
- Drug Rehabilitation
- Alcohol Treatment
- Unpaid Work

- **Rehabilitation Activity Requirement (RAR)**

- Care Farming Skills Training
 - Workbook
 - Explorer
 - Women's Residential
 - Women's Specified Activity
 - Enhanced Support
 - Domestic Abuse Workbook
-

About Accredited Programmes

An accredited programme is a series of group based activities with the aim of working with offenders to reduce re-offending. Accreditation shows that these programmes are evidence based and congruent with the 'What Works' literature. Programmes vary in length and complexity and mode of delivery and are targeted according to risk and need.

For specific Accredited Programmes selection and exclusion criteria, please refer to your NPS Court Officer.



Accredited Programmes

Building Better Relationships

29
SESSIONS

Order Length: 24 Months

About

Building Better Relationships is a nationally accredited group-work programme. It is designed to reduce re-offending by adult male perpetrators of Intimate Partner Violence. The course priorities the safety of women and children.

Those taking part in the programme are assessed for suitability before they start and have psychometric tests which look at the way someone thinks. A full report is done on all participants at the end of the course.

Eligibility

- Perpetrators of domestic violence offences and associated offences for example criminal damage, threatening words and behaviour where the victim is/was a partner.
- Willing to sign a statement of understanding including sharing information with partner.
- Assessed as a medium to high risk of relationship violence on Spousal Assault Risk Assessment (SARA).
- Accept responsibility of at least one violent act against a partner
- Medium/high risk

Exclusions

- Women perpetrators
- Offenders whose violence is exclusive to same sex relationships
- Serious mental health problems or substance misuse
- Literacy/language barriers

Accredited Programmes

Drink Impaired Drivers

16
SESSIONS

Order Length: 12 Months

About

The Drink Impaired Drivers Programme (DID) aims to deal with issues related to drinking and driving. Participants who have shown the motivation to change increase their knowledge of alcohol and its effects, both on themselves and on their driving skills.

Participants also learn skills which help them to better control their thoughts, feelings and actions. Members of the group are helped to think about the effects of drinking and driving on others, particularly potential victims of road accidents.

Eligibility

- Offenders convicted of driving under the influence of alcohol
- Aiding and abetting the above
- Failing to provide a specimen
- Drunk in charge of a vehicle
- Driving whilst unfit through drink and drugs
- History of drink drive caused injury/accident
- x2 or more legal limit
- Male/female
- Aged 18+

Exclusions

- Substance misuse or mental health problems at a level which prevents meaningful engagement.
- Where drug misuse is key factor in offence.
- Where there are 4 plus non-driving offences refer offender to a general offending programme.
- Literacy/language barriers

Accredited Programmes

RESOLVE

26
SESSIONS

Order Length: 18-24 Months

About

A moderate intensity intervention that aims to reduce violence in medium risk adult male offenders.

RESOLVE is an accredited programme for men who have been convicted of an impulsive violent offence. Using group work, it has been designed to help participants understand and manage their aggressive behaviour so that they don't re-offend in the future.

Eligibility

- Eligibility is 50%-74% (24 months). Above 74% discuss with programmes team.
- Current conviction for violent offence
- Offenders with history of reactive and/or instrumental violence

Exclusions

- An index offence for domestic abuse does not mean automatic exclusion. Building Better Relationships (BBR) may be more beneficial. Please discuss this with programmes team.
- Mental health issues.
- Men are excluded from RESOLVE if they are alcohol or substance dependent; have a violence history predominantly related to hazardous drinking.

Accredited Programmes

Thinking Skills Programme

15
GROUP
SESSIONS

04
INDIVIDUAL
SESSIONS

Order Length: 12 Months

About

Thinking Skills aims to reduce re-offending by engaging and motivating, coaching and responding to individual need and building on continuity.

TSP is an Accredited Programme which has been designed to help participants understand and manage their behaviour to reduce the risk of them reoffending in future. The programme is suitable for addressing general offending behaviour. There are fifteen group sessions and four individual sessions, delivered by specially trained facilitators. In addition there are a number of one-to-one sessions aimed at developing motivation and reviewing individual progress.

TSP is more suitable where the violent offending is linked to poor problem solving, and/or a chaotic, anti-social or unstable lifestyle.

RESOLVE should be prioritised where violent offending is strongly characterised by aggressive/controlling behaviour and/or entrenched hostile attitudes.

Eligibility

- Eligibility is 25% or above OGRS and a score of five or more on the TSP Needs Assessment Tool.
- Male/female
- History of impulsive offences

Exclusions

- None

Other Requirement

Alcohol Treatment Requirement

3 YEARS
IF ON A
COMMUNITY
ORDER

2 YEARS
IF ON A
SUSPENDED
SENTENCE
ORDER

About

Suitable for hazardous and harmful drinkers in certain circumstances where alcohol is the dominant feature in the offending and the offender would benefit from treatment.

Eligibility

- Offenders who are dependent on alcohol
- Dependency requires and is susceptible to treatment
- Willing to comply with the requirement

Exclusions

- Non dependent alcohol users

Other Requirement

Attendance Centre Requirement

12-36
HOURS

About

A moderate intensity, cognitive-behavioural intervention that aims to reduce violence in medium risk adult male offenders.

Eligibility

- Current conviction for violent offence
- Offenders with history of reactive and/or instrumental violence

Exclusions

- If index offence is domestic abuse
- Mental health issues

Other Requirement

Drug Rehabilitation Requirement

3 YEARS
IF ON A
COMMUNITY
ORDER

2 YEARS
IF ON A
SUSPENDED
SENTENCE
ORDER

About

Provides fast access to drug treatment programmes with a goal of reducing drug related offending.

Eligibility

- Drug use is a significant factor in their offending, regardless of the drug used.
- Offender susceptible to treatment, willing to comply and treatment arrangement in place.

Exclusions

- Unmotivated offenders
- Assessment must be agreed

Other Requirement

Unpaid Work Requirement

40-300
HOURS

About

Unpaid Work (community payback) meets the sentencing purposes of punishment and reparation. There are also rehabilitative benefits, as Unpaid Work can provide an opportunity to develop life and vocational skills that reduce the risk of re-offending.

Eligibility

- Available to work at least one day per week and if unemployed to work for up to four days.
- Assessed to undertake work with various partners, charity shops, voluntary sector organisations, local authorities, conservation projects.

Exclusions

- Substance misusers.
- Offenders who are certified by GPs as unfit to work in any capacity.

About RAR

What is a RAR?

The court will decide whether it is appropriate to impose this requirement and the maximum number of days the offender can be directed to take part in activities.

A responsible officer will then be able to direct offenders to attend appointments with them and to participate in activities with a view to promoting the offender's rehabilitation.

The responsible officer will decide where the offender should attend appointments, what the activities are, who the offender should report to and where the activities will take place.

The instructions to participate in activities must be given 'with a view to promoting the offender's rehabilitation', but that does not prevent them serving other purposes, such as reparation, including restorative justice activities.

If the offender unreasonably fails to engage they will be in breach of their order.



Rehabilitation Requirement Activity (RAR)

Care Farming RAR

UP TO
25
SESSIONS

About

Addresses self discovery and provides opportunities to undertake purposeful work activity and training in a rural setting.

Eligibility

- Aged 18+
- Offenders who need structure, want to engage in purposeful activity and improve cognitive skills.
- Those at high risk of re-offending
- Stable substance misusers

Exclusions

- Domestic violence
- Sex offenders or serious violent offenders

Rehabilitation Requirement Activity (RAR)

Domestic Abuse RAR

UP TO
36
SESSIONS

About

Sessions focus on educating participants on the effects and impact of domestic abuse.

Eligibility

- Offenders who did not meet the accredited programme eligibility criteria.
- Offenders whose offending is less serious but serious enough to require challenge and change.
- Offenders for whom the group work environment is less effective.

Exclusions

- None

Rehabilitation Requirement Activity (RAR)

Enhanced Support RAR

UP TO
15
SESSIONS

About

To support service users to address barriers to compliance, make positive life choices and improve their motivation.

Eligibility

- Service users at highest risk of re-offending and a degree of motivation to change.

Exclusions

- None

Rehabilitation Requirement Activity (RAR)

Women's Residential RAR

50
SESSIONS

About

Residential intervention in a rural setting for 7x7=50 days as a direct alternative to custody. Women engage in therapeutic processes to address the root causes of their offending (drugs, alcohol, emotional wellbeing, confidence building and training skills development).

Eligibility

- Women offenders at risk of custody with this proposal being a direct alternative.
- Requires assessment for residence pre-sentence as residence will be in rural location.
- Aged 18+

Exclusions

- Serious violent or sex offenders
- Male offenders
- Women who are not at risk of custody

Rehabilitation Requirement Activity (RAR)

Women's Specified Activity RAR

UP TO
10
SESSIONS

About

Sessions focus on the individual needs of women and include assertiveness, confidence building and improving attitudes and behaviour.

Eligibility

- Women offenders who want to address their offending in a bespoke, woman friendly environment

Exclusions

- Serious violent or sex offenders
- Male offenders

Rehabilitation Requirement Activity (RAR)

Workbook RAR

UP TO
10
SESSIONS

About

The sessions focus on alcohol, victims, anger management, substance misuse, gambling, motor and general offending.

Eligibility

- Offenders who did not meet the accredited programme eligibility criteria.
- Offenders whose offending is less serious but serious enough to require challenge and change.
- Offenders for whom the work environment is less effective.

Exclusions

- Unmotivated offenders
- Assessment must be agreed



Address: The Warwickshire and West Mercia Community Rehabilitation Company Limited (WWM CRC Ltd), Elgar House, Shrub Hill, Worcester, WR4 9EE.

Telephone: 01905 677100 (Head Office/Registered Office)

Website: www.wwmcrc.co.uk